

# SENIORS ADVISORY COMMITTEE

Wednesday, September 15, 2021 at 8:30pm Via Zoom

#### MINUTES

#### Present:

E. Brett, Community Co-Chair Councillor P. Arnason, Council Co-Chair Councillor S. Ferguson, Council Co-Chair

C. Eaton, L. Gates, L. George, M. Gill, S. Hedao, and G. Wong

#### Staff:

- A. Penner, Community and Policy Planner
- C. Quin, Recording Secretary
- P. Ward, Strategic/Social Planner

#### A. APPROVAL AND RECEIPT OF AGENDA ITEMS

1. Seniors Advisory Committee – September 15, 2021

Moved by S. Hedao, Seconded by L. George, That the Seniors Advisory Committee approve the agenda and receive the agenda items of the September 15, 2021 meeting. **CARRIED** 

#### B. ADOPTION OF MINUTES

#### 1. Seniors Advisory Committee Minutes – June 16, 2021 Dementia-friendly Task Force Notes – June 16, 2021

Moved by L. Gates, Seconded by C. Eaton, That the Seniors Advisory Committee adopt the Minutes of the June 16, 2021 Seniors Advisory Committee meeting and receive the Notes of the June 16, 2021 Dementia-friendly Task Force meeting (Attachment A). CARRIED

#### C. DELEGATIONS AND PRESENTATIONS

#### D. <u>REPORTS</u>

#### 1. Co-Chair Reports

Councillor Arnason reported that October 1, 2021 is National Seniors Day and the theme this year is "Digital Equity for All Ages."

Councillor Ferguson reported attending the Langley Good Times Cruise-In and that the event was well attended. Councillor Ferguson expressed appreciation for the Committee's work on the Age- and Dementia-friendly Action Plan through the Dementia-friendly Task Force.

#### E. <u>CORRESPONDENCE</u>

#### F. WORK PROGRAM

#### 1. Housing Action Plan Update

P. Ward provided a presentation on the Housing Action Plan update. The following background information was provided:

- February 2013: Council approved the current Housing Action Plan
- November 2020: Council received the 2020 Housing Needs Report and directed staff to update the Housing Action Plan
- June 2021: Council received the Emerging Directions Report for the Housing Action Plan update and authorized staff to proceed with the next steps for the project

P. Ward provided an overview of the following items from the Emerging Directions Report:

- Purpose of the Housing Action Plan
- Process for updating the Housing Action Plan
- Challenges and opportunities
- Roles and responsibilities
- Draft goals, priorities, and actions

Discussions ensued on the emerging directions for the Housing Action Plan update, particularly as they relate seniors. P. Ward noted that Committee members may provide additional feedback through an online feedback form/survey (tol.ca/housingaction), available until October 1, 2021.

#### G. COUNCIL REFERRALS

#### H. OTHER BUSINESS AND ITEMS FOR INFORMATION

#### I. <u>NEXT MEETING</u>

Date:October 20, 2021Location:TBDTime:7:00pm

#### J. <u>TERMINATE</u>

Moved by G. Wong, Seconded by C. Eaton, That the meeting terminate at 9:00pm. **CARRIED** 

#### **CERTIFIED CORRECT:**

Community Representative Co-Chair

Council Representative Co-Chair

## TOWNSHIP OF LANGLEY AGE- AND DEMENTIA-FRIENDLY ACTION PLAN

# **DEMENTIA-FRIENDLY TASK FORCE MEETING #6**

Wednesday, June 16, 2021 from 7:00pm to 8:30pm via Zoom

### In Attendance:

Cllr. P. Arnason, S. Aziz, E. Brett, K. Brown, C. Eaton, Cllr. S. Ferguson, L. George, M. Gill, S. Hedao, C. Munnalall, T. Murphy, R. Oren, and G. Wong

### **Facilitators:**

M. Larson, Consultant; A. Penner, Community and Policy Planner; P. Ward, Strategic/Social Planner

### **Summary Notes:**

### 1. Welcome

M. Larson and P. Ward welcomed everyone to the meeting.

### 2. Engagement results and emerging themes

M. Larson reviewed the project activities to date. The following information was provided:

Project activities timeline:

- September to December 2020 Research
- January to February 2021 Plan, promote, forum
- March to June 2021 Survey, focus groups (community stakeholders, municipal staff), interviews
- June to August 2021 Synthesize engagement findings, draft plan
- September 2021 Action Plan

Engagement activities included:

- Dementia friends forum
- Survey
- Community focus groups
- Stakeholder focus groups and interviews
- Task Force engagement
- Staff focus groups

Results/emerging themes from the engagement activities:

Strengths in the Township:

- Enjoyable parks and trails
- Accessible buildings
- Feeling safe
- Social connection with friends and family
- Community centres and libraries
- Recreation and fitness programs
- Feeling welcomed and respected
- Access to health and social services

**Opportunities:** 

- Build on existing work
- Strengthen networks
- Develop training
- Explore intergenerational, multi-cultural approaches

Challenges:

- Communication
- Equity: rural and urban areas
- Ground-level and system solutions
- Build bridges across silos
- Address impact of growth and change
- Address resource capacity

Opportunities and challenges to engage older residents, people living with dementia, and caregivers, early and throughout community planning and processes.

Discussion ensued and the following comments were provided:

- Network needs to be bigger than just the municipality.
- Use an age-friendly lens to provide information on trails including the intensity of the trail, length of the trail, accessibility etc.
- Block parties and creating a sense of neighbourhood and belonging are an interesting idea. Who would fund activities like these? Community groups?
- A roving food truck event in a different community each weekend. TOL to create a concept that the neighbourhoods can embrace and then community groups bring them to fruition.

- Most of the strengths identified were socially based very important to people.
- A small town in Germany with a population of 75,000 has a "Department of Future Aging" with two staff.
- Becoming age and dementia-friendly is a benefit to the Township.
- Conversation circles provide community space for these.
- Transportation is always an issue.
- Financial well-being needs to be included in discussions; elder abuse is prevalent. Community Response Network needs to be part of this conversation and play a roll.
- Drop in programs make it easier for some to connect no need to sign up.
  Flexibility can be important for seniors or those with illness.
- It is very hard to predict what a person's needs will be with dementia.

### 3. Next steps

Action Plan draft and feedback.

# **Next Meeting**

September 15, 2021