



## **SENIORS ADVISORY COMMITTEE**

Wednesday, April 21, 2021 at 8:30pm  
Via Zoom

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### **MINUTES**

#### **Present:**

E. Brett, Community Co-Chair  
Councillor P. Arnason, Council Co-Chair  
Councillor S. Ferguson, Council Co-Chair

L. George, M. Gill, S. Hedao, S. Martin, and G. Wong

#### **Staff:**

P. Ward, Strategic/Social Planner  
K. Stepto, Recording Secretary

### **A. APPROVAL AND RECEIPT OF AGENDA ITEMS**

#### **1. Seniors Advisory Committee – April 21, 2021**

Moved by M. Gill,  
Seconded by L. George,  
That the Seniors Advisory Committee approve the agenda and receive the  
agenda items of the April 21, 2021 meeting.  
**CARRIED**

### **B. ADOPTION OF MINUTES**

#### **1. Seniors Advisory Committee – March 17, 2021**

Moved by S. Martin,  
Seconded by G. Wong,  
That the Seniors Advisory Committee adopt the Minutes of the March 17, 2021  
meeting.  
**CARRIED**

#### **2. Dementia-friendly Task Force Notes – March 17, 2021**

Moved by G. Wong,  
Seconded by S. Martin,  
That the Seniors Advisory Committee receive the Notes of the March 17, 2021  
meeting (Attachment A).  
**CARRIED**

**C. DELEGATIONS AND PRESENTATIONS**

**D. REPORTS**

**1. Co-Chair Reports**

Councillor Ferguson reported that Council has been working on identifying their strategic priorities and improving the budget process.

Councillor Arnason commented that the vaccination clinic at Langley Events Centre is very well organized. She further noted that Metro Vancouver is working on a Clean Air Plan.

**E. CORRESPONDENCE**

**F. WORK PROGRAM**

**1. COVID-19 recovery**

Consistent with project #6 on the 2021 Work Plan, the Committee discussed COVID-19 recovery initiatives related to older adults. P. Ward noted that some respondents to the Age- and Dementia-friendly Action Plan survey (in progress) have indicated they may still feel unsafe after the pandemic and are not feeling as healthy as they did before the pandemic.

The following comments and suggestions were provided:

- All levels of government are helping the groups that are most negatively affected.
- People will feel safer and life will return to normal once people have been vaccinated.
- Faith-based and community groups will help get people back out doing things.
- Walking groups and outdoor concerts would be good suggestions to get people out again.
- If SAC has an idea of how to make people feel more comfortable doing activities post COVID-19, a motion could be forwarded to Council.

**G. COUNCIL REFERRALS**

**H. OTHER BUSINESS AND ITEMS FOR INFORMATION**

**1. Seniors' Week**

P. Ward noted that the suggestions provided by the committee for Seniors' Week at the last meeting were forwarded to the Parks and Recreation Division and Langley Seniors in Action for information and consideration. The Parks and Recreation Division is exploring seniors' swims to celebrate Seniors' Week.

**I. NEXT MEETING**

**Date:** May 19, 2021  
**Location:** via Zoom  
**Time:** 8:30 pm

**J. TERMINATE**

Moved by S. Hedao,  
Seconded by S. Martin,  
That the meeting terminate at 8:55pm.  
**CARRIED**

**CERTIFIED CORRECT:**

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Community Representative Co-Chair

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Council Representative Co-Chair

## **TOWNSHIP OF LANGLEY AGE- AND DEMENTIA-FRIENDLY ACTION PLAN**

# **DEMENTIA-FRIENDLY TASK FORCE MEETING #3 MEETING NOTES**

Wednesday, March 17, 2021 from 7:00pm to 8:30pm via Zoom

### **In Attendance:**

D. Arenson, Councillor Arnason, S. Aziz, E. Brett, K. Brown, C. Eaton, L. Gates, L. George, S. Hedao, S. Martin, C. Munnalall, R. Oren, and G. Wong

### **Facilitators:**

M. Larson, Consultant; R. Nelson, Senior Planner; A. Penner, Community and Policy Planner

### **Summary Notes:**

#### **1. Welcome and introductions**

M. Larson welcomed everyone and introductions took place.

#### **2. Dementia Friends Virtual Forum Debrief**

M. Larson asked for feedback regarding the Dementia Friends Virtual Forum that took place on February 23. The following comments were provided:

- It was great to hear the information and get a better understanding of how to help those in the community with dementia.
- A great overview of the purpose of the Township's action plan.
- The content was an excellent primer for the community, and for some reinforcement of information already known.
- The Forum contributed to the goal of deeper community understanding of dementia-friendly communities.
- It was good to have the Mayor and members of Council in attendance to show Council's support of becoming a dementia-friendly community.

#### **3. Community focus groups**

M. Larson noted that the project team intends to conduct focus groups, likely virtual, as part of the broader community engagement program. M. Larson asked for suggestions on community groups and organizations that might be willing to partner with the Township to deliver focus groups (i.e. invite the project team to attend regularly scheduled events to facilitate the discussion).

The following suggestions were provided:

- Support groups
- Faith groups
- Interest groups
- Social committees in older adult communities
- Langley Seniors in Action
- Council of Senior Citizens' Organizations (COSCO) of BC
- Long-term care facilities
- Community associations
- Caregiver support groups

M. Larson asked if any Task Force members might be willing to facilitate a discussion with seniors or caregivers in their networks, with the support of the project team. Several Task Force members indicated willingness to facilitate such discussions.

#### **4. Vision brainstorming**

M. Larson facilitated a brainstorming session as a way to start the process of developing a vision statement for the Age- and Dementia-friendly Action Plan. The brainstorming session commenced with M. Larson presenting the vision statement from the Township's 2014 Age-friendly Strategy, as well as examples from strategies completed by other municipalities in Metro Vancouver.

After brainstorming qualities and features that would make the Township more age- and dementia-friendly, each Task Force member was asked to provide one feature or quality that is essential, one that is important, and one that might be considered positive, but less essential or important, for the Township to be more age- and dementia-friendly.

The following features and qualities were suggested as essential and important for the Township to be more age- and dementia-friendly:

- Supported
- Informed and aware
- Dignity
- Compassion
- A culture of support
- Inclusive
- Respectful
- Acknowledgement
- Accessibility
- Empowerment
- Support for the continuum of aging in the right place
- Visibility and recognition

- Respectful
- Inter-generational approach
- Independence
- Recognition
- Address stigma, fear, helplessness
- Safety

## **5. Next steps**

The next steps for the project include ongoing promotion of the community survey and delivery of community focus groups.

### **Next Meeting**

April 21, 2021

