



RECREATION, CULTURE, AND PARKS ADVISORY COMMITTEE

May 9, 2018 at 7:07pm
Salmon River Committee Room
4th Floor, 20338 – 65 Avenue, Langley, BC

MINUTES

Present:

E. Erickson, (Community Co-Chair)

Present:

R. Camparmo, D. Gendron, J. Michael Jack, J. Kusack, C. Profitt, and J. Wilkins

School Board Representative:

R. Wallace

Staff:

N. Alexander, Recreation Programmer

C. Blair, Director – Parks and Recreation

A. McIntosh, Recreation Programmer

A. Neufeld, Deputy Director - Public Spaces and Community Initiatives

K. Stepto, Recording Secretary

A. ADOPTION AND RECEIPT OF AGENDA ITEMS

1. Recreation, Culture, and Parks Advisory Committee – May 9, 2018

Moved by D. Gendron,

Seconded by R. Camparmo,

That the Recreation, Culture, and Parks Advisory Committee adopt the agenda and receive the agenda items of the May 9, 2018 meeting.

CARRIED

B. ADOPTION OF MINUTES

1. Recreation, Culture, and Parks Advisory Committee – April 11, 2018

Moved by J. Wilkins,

Seconded by J. Kusack,

That the Recreation, Culture, and Parks Advisory Committee adopt the Minutes of the April 11, 2018 meeting.

CARRIED

C. DELEGATIONS AND PRESENTATIONS

1. Seniors Programs and Services

N. Alexander and A. McIntosh provided a presentation on Seniors Programs and Services. There are numerous benefits to participating in recreation programs and services, including connection to the community and staying healthy and active for life. Some of the programs and events that are currently being offered for older adults include:

- Let's Dig It
- Community Gardens
- Chronic Disease Management
- Gentle Fitness
- Sports: Pickleball and Badminton
- Intergenerational Activities
- Social Activities
- Bus Trips
- Outdoor Fitness Equipment (Derek Doubleday)

Seniors Week is June 4-8, 2018.

Next Steps for programming for older adults include:

- Identify potential partnerships and explore opportunities for collaboration and provide support to existing community groups.
- Building connections in the community to better deliver intergenerational programs.
- Adaptive programming for older adults – Langley Association for Community Living.
- Developing programming with the intention of increasing physical literacy in this demographic.

New Fitness Programs – Fall 2018

- “ActivAge” is a free 3-month group-led physical activity program for inactive older adults. It introduces participants to physical activity and reinforces their commitment to incorporate it into their daily lives.
- “Choose to Move” is a 6-month model designed to introduce older adults to the habit of physical activity, help them meet new friends, and make a positive healthy lifestyle change.
- Dance for Life/Adult Ballet
- New Bus Tours
- Musical expressions
- Ukulele Circle
- Table Tennis

Some of the challenges when providing services for older adults:

- Large portion of is entering retirement age.
- There is a difference between “older adults” and “seniors”.

C. DELEGATIONS AND PRESENTATIONS

- Connecting with isolated seniors.
- Accessible transportation.
- Cost of participation.
- Making new partnerships/fostering existing partnerships.
- Capacity to deliver high-quality programming for those 55+.

2. Community Connections Trails Plan Update

A. Neufeld provided an update on the Community Connection Trails Plan and the future plans for parks and trail in the Brookwood/Fernridge Community Plan. He presented the Open Space Policies which refer to neighbourhood parks, pocket parks, plazas, use of indigenous plants in park landscaping, effective landscape design for parks and open spaces, and Crime Prevention Through Environmental Design.

He commented on natural parks and the trails within natural parks which will provide public access to the unique natural features of the area. He further noted street greenways which are wide boulevards along major roads that provide an attractive environment to encourage active modes of transportation.

D. REPORTS

1. Co-Chairperson's Report

E. Erickson reported that he attended the Langley Walk which was a great event. He invited everyone to the opening of the ACUCC Water Park on June 29.

E. CORRESPONDENCE

F. WORK PROGRAM

1. Langley Awards Task Force – Update

E. Erickson reported that the Task Force met to discuss the nomination process and the criteria for the awards. The Task Force will present a formal report and recommendations at the June meeting.

2. Langley Walk – Update

This was another successful event with over 800 people in attendance.

3. Pool Advisory Group – Update

Update to be provided at next meeting.

F. WORK PROGRAM

4. Canadian Museums Association Conference

D. Gendron reported that she attended the CMA Conference in Vancouver in April on behalf of the committee. She noted that it was an excellent conference and the keynote address was "Playfulness is More Important than Seriousness".

G. COUNCIL REFERRALS

H. OTHER BUSINESS AND ITEMS FOR INFORMATION

1. June Parks Tour

Staff will confirm the itinerary for the tour and send out details.

N. NEXT MEETING

Date: June 13, 2018

Location: TBD

Time: 5:30pm

O. TERMINATE

Moved by J. Wilkins,
Seconded by J. Michael Jack,
That the meeting terminate at 8:41pm
CARRIED

CERTIFIED CORRECT:

Community Representative Co-Chair

Council Representative Co-Chair