

# SENIORS ADVISORY COMMITTEE

Wednesday, March 15, 2017 at 7:00pm Salmon River Committee Room 4<sup>th</sup> Floor, 20338 – 65 Avenue, Langley, BC

## MINUTES

#### Present:

Councillor Charlie Fox (Co-Chair) Kathy Reddington (Co-Chair)

Tricia Bailey, Sherry Baker, Susan Higginbotham, Coral Kaliciak, Janet Megahy, and Barb Stack

## Staff:

Corene Quin, Legislative Services Kim Stepto, Recording Secretary Lesley Visser, Manager, Community Recreation

#### **Guests:**

Jason Hodge, Township of Langley Fire Department Rev. Kristen Steele, Shepherd of the Valley Lutheran Church Mark Mathiasen, Shepherd of the Valley Lutheran Church Josh Taylor, Catalyst Community Developments Society

## A. <u>APPROVAL AND RECEIPT OF AGENDA ITEMS</u>

#### 1. Seniors Advisory Committee – March 15, 2017

Moved by B. Sharp, Seconded by T. Bailey, That the Seniors Advisory Committee approve the agenda and receive the agenda items of the March 15, 2017 meeting. CARRIED

## B. ADOPTION OF MINUTES

1. Seniors Advisory Committee – February 15, 2017

Moved by S. Baker, Seconded by J. Megahy, That the Seniors Advisory Committee adopt the Minutes of the February 15, 2016 meeting. CARRIED

## C. DELEGATIONS AND PRESENTATIONS

#### 1. Med Watch / Greensleeve

Jason Hodge, Township of Langley Fire Department, and Barb Stack, Langley Division of Family Practice, provided a presentation on the Greensleeve program. They noted that this is the presentation they give to seniors to explain the program and its benefits. The Greensleeve is a packet of medical information used by first responders and physicians during emergency situations.

J. Hodge provided the following information:

- Township of Langley firefighters and the Langley Division of Family Practice joined together to incorporate the MedWatch form into the Greensleeve packet that has been used by Fraser Health for some time.
- The MedWatch form includes vital information such as emergency contacts, medical conditions, and medications, and wishes such as DNR.
- Anyone who has multiple health conditions and medications, lives alone, or is a caregiver for someone else should fill out the forms in the Greensleeve.

B. Stack provided the following information:

- It is important to fill out the MedWatch forms because within 48 hours of being hospitalized, almost half of adults 65 or older need someone else to help make at least one medical decision, and almost 25% will need that person to make all of their medical decisions.
- It is important to have these conversations with family members and doctors to have a plan in place and have a designated person(s) to make healthcare treatment and personal care decisions.
- The MOST form (Medical Order for Scope of Treatment) is to be filled out with a doctor and based on the Advance Care Plan regarding a person's health care decisions.
- It is also important to designate a Temporary Substitute Decision Maker if a person has not legally named an individual to make health care decisions.
- 2000 Greensleeve packets have been distributed in the community since November 2016.
- Meals on Wheels is partnering with this project to help seniors fill out the forms.

#### COUNCIL

Moved by S. Baker, Seconded by S Higginbotham, That the Seniors Advisory Committee recommends that the Med Watch/Greensleeve program be presented to Council at a future Regular Afternoon meeting. CARRIED

## C. DELEGATIONS AND PRESENTATIONS

#### 2. Shepherd of the Valley Housing Project

Rev. Kristen Steele and Mark Mathiasen, Shepherd of the Valley Lutheran Church, and Josh Taylor, Catalyst Community Developments Society, provided a presentation on the joint Housing Project proposed for the church property on 72 Avenue. They noted that the church had always planned to leverage the western portion of their property for housing. The objective of the project is to provide housing that is affordable to a range of incomes, and that allows seniors, families, and others to live with dignity and security.

The site plan was presented that includes five single family homes to be built by a developer, four - two storey stacked apartments and townhouses (32 homes), and one - four storey apartment (50 homes). The apartments include studio, one, two, and three bedrooms. The homes will be for independent living, potentially with programming in a multi-use space.

Next steps include presenting the re-zoning bylaw for 1<sup>st</sup> and 2<sup>nd</sup> reading in spring of 2017, followed by the rezoning process, and final reading in the fall/winter of 2017. Construction to begin in 2018 with occupancy in 2020.

Discussion ensued and the following comments were provided:

- Suggest the committee show their support of the project to Council.
- May be valuable to have a community planning team that involves seniors and stakeholders from the community.
- Project team will present further to the Seniors Advisory Committee during the re-zoning process.

#### D. <u>REPORTS</u>

#### 1. Co-Chairs Reports

Councillor Fox reported that the amendments to the Child Friendly Amenity Area Regulations of the Zoning Bylaw received 1<sup>st</sup> and 2<sup>nd</sup> reading, and now includes age friendly components consistent with current practice and the Township's Age Friendly Strategy. He further reported that the budget received final reading.

K. Reddington reported that she attended the Seniors LINC Summit that involved stakeholders brainstorming about senior's issues. She further reported that the Langley Seniors Community Action Table and the Langley Seniors Resource Society will be hosting an All Candidates Meeting to focus on seniors issues on April 19 from 1:00-3:00pm, and that the posting for a Social Planner is now on the Township website.

## E. <u>CORRESPONDENCE</u>

## F. WORK PROGRAM

## G. COUNCIL REFERRALS

## H. OTHER BUSINESS AND ITEMS FOR INFORMATION

#### 1. 2017 Annual Volunteer Appreciation & Awards Evening

Invitation to 2016 committee members - April 4, 2017, 6:00pm

#### 2. SAC Picture

A photo of the committee was taken for the Township website.

#### I. <u>NEXT MEETING</u>

Date:	April 19, 2017
Location:	Salmon River Committee Room
	4 <sup>th</sup> Floor, 20338 – 65 Avenue
Time:	7:00 pm

#### J. <u>TERMINATE</u>

Moved by B. Stack, Seconded by J. Megahy, That the meeting terminate at 8:50pm. CARRIED

#### **CERTIFIED CORRECT:**

Community Representative Co-Chair

Council Representative Co-Chair