



SENIORS ADVISORY COMMITTEE

Wednesday, June 16, 2021 at 8:30pm
Via Zoom

A G E N D A

Page

A. APPROVAL AND RECEIPT OF AGENDA ITEMS

1. Seniors Advisory Committee – June 16, 2021

Recommendation that the Seniors Advisory Committee approve the agenda and receive the agenda items of the June 16, 2021 meeting.

B. ADOPTION OF MINUTES

1-10

1. Seniors Advisory Committee Minutes – April 21, 201 Dementia-friendly Task Force Notes - April 21, 2021 and May 19, 2021

Recommendation that the Seniors Advisory Committee adopt the Minutes of the April 21, 2021 Seniors Advisory Committee meeting and receive the Notes of the April 21, 2021 and May 19, 2021 Dementia-friendly Task Force meetings.

C. DELEGATIONS AND PRESENTATIONS

D. REPORTS

1. Co-Chair Reports

E. CORRESPONDENCE

F. WORK PROGRAM

1. Transportation for Seniors

Discussion on a community-based seniors' shuttle initiative.

G. COUNCIL REFERRALS

Page

H. OTHER BUSINESS AND ITEMS FOR INFORMATION

I. NEXT MEETING

Date: September 15, 2021
Location: TBD
Time: 7:00pm

J. TERMINATE



SENIORS ADVISORY COMMITTEE

Wednesday, April 21, 2021 at 8:30pm
Via Zoom

MINUTES

Present:

E. Brett, Community Co-Chair
Councillor P. Arnason, Council Co-Chair
Councillor S. Ferguson, Council Co-Chair

L. George, M. Gill, S. Hedao, S. Martin, and G. Wong

Staff:

P. Ward, Strategic/Social Planner
K. Stepto, Recording Secretary

A. APPROVAL AND RECEIPT OF AGENDA ITEMS

1. Seniors Advisory Committee – April 21, 2021

Moved by M. Gill,
Seconded by L. George,
That the Seniors Advisory Committee approve the agenda and receive the agenda items of the April 21, 2021 meeting.

CARRIED

B. ADOPTION OF MINUTES

1. Seniors Advisory Committee – March 17, 2021

Moved by S. Martin,
Seconded by G. Wong,
That the Seniors Advisory Committee adopt the Minutes of the March 17, 2021 meeting.

CARRIED

2. Dementia-friendly Task Force Notes – March 17, 2021

Moved by G. Wong,
Seconded by S. Martin,
That the Seniors Advisory Committee receive the Notes of the March 17, 2021 meeting (Attachment A).

CARRIED

C. DELEGATIONS AND PRESENTATIONS

D. REPORTS

1. Co-Chair Reports

Councillor Ferguson reported that Council has been working on identifying their strategic priorities and improving the budget process.

Councillor Arnason commented that the vaccination clinic at Langley Events Centre is very well organized. She further noted that Metro Vancouver is working on a Clean Air Plan.

E. CORRESPONDENCE

F. WORK PROGRAM

1. COVID-19 recovery

Consistent with project #6 on the 2021 Work Plan, the Committee discussed COVID-19 recovery initiatives related to older adults. P. Ward noted that some respondents to the Age- and Dementia-friendly Action Plan survey (in progress) have indicated they may still feel unsafe after the pandemic and are not feeling as healthy as they did before the pandemic.

The following comments and suggestions were provided:

- All levels of government are helping the groups that are most negatively affected.
- People will feel safer and life will return to normal once people have been vaccinated.
- Faith-based and community groups will help get people back out doing things.
- Walking groups and outdoor concerts would be good suggestions to get people out again.
- If SAC has an idea of how to make people feel more comfortable doing activities post COVID-19, a motion could be forwarded to Council.

G. COUNCIL REFERRALS

H. OTHER BUSINESS AND ITEMS FOR INFORMATION

1. Seniors' Week

P. Ward noted that the suggestions provided by the committee for Seniors' Week at the last meeting were forwarded to the Parks and Recreation Division and Langley Seniors in Action for information and consideration. The Parks and Recreation Division is exploring seniors' swims to celebrate Seniors' Week.

I. NEXT MEETING

Date: May 19, 2021
Location: via Zoom
Time: 8:30 pm

J. TERMINATE

Moved by S. Hedao,
Seconded by S. Martin,
That the meeting terminate at 8:55pm.
CARRIED

CERTIFIED CORRECT:

Community Representative Co-Chair

Council Representative Co-Chair

TOWNSHIP OF LANGLEY AGE- AND DEMENTIA-FRIENDLY ACTION PLAN

DEMENTIA-FRIENDLY TASK FORCE MEETING #4

Wednesday, April 21, 2021 from 7:00pm to 8:30pm via Zoom

In Attendance:

Cllr. P. Arnason, S. Aziz, E. Brett, Cllr. S. Ferguson, L. George, M. Gill, S. Hedao, S. Martin, C. Munnalall, R. Oren, and G. Wong

Facilitators:

M. Larson, Consultant; A. Penner, Community and Policy Planner; P. Ward, Strategic/Social Planner

Summary Notes:

1. Welcome

M. Larson welcomed everyone to the meeting.

2. Midpoint survey results snapshot

M. Larson presented some interim results from the community survey. Of the 85 completed surveys to date, 46% of the respondents were older persons, 34% were unpaid caregivers, and 6% were paid caregivers. 67% have lived in Langley Township for 10 or more years.

Key challenges and opportunities identified from the interim results were presented to the Task Force, categorized under the eight World Health Organization age-friendly community domains:

Communication & Information

- More information and resources
- Easier access to information, resources, training

Transportation

- Pedestrian safety
- Parking
- Urban planning to meet transportation needs
- Inadequate transit

Outdoor Spaces & Buildings

- Accessibility
- More and improved parking
- Improved planning/development to meet needs — without losing sense of community

Social Participation

- Increase opportunities and supports to address barriers to connections and participation — across all ages

Respect & Inclusion

- Overarching need to apply a seniors' lens to places, programs and services to remove physical and/or financial barriers to involvement
- Reduce stigma of aging and/or dementia

Community Support & Health

- Accommodation for diverse needs
- More/better services, programs, and coordination
- Caregiver and respite support

Civic Participation & Employment

- Engaging seniors in municipal processes and events
- Volunteer support

Housing

- Need for more choices, especially for those with complex needs — this highlights contrasts between Township and health authority roles and responsibilities

3. Action idea brainstorming

M. Larson facilitated a brainstorming activity to obtain Task Force input on actions that could address challenges and opportunities related to the World Health Organization age-friendly community domains, with consideration to the early survey findings. The Task Force was encouraged to consider actions that the Township could undertake.

Communication & Information

- More (easy to find) information about what services exist
- Meet needs of those without computer skills (printed flyer in the newspaper?)
- Connect with Chamber of Commerce to distribute information
- “Did you know...” communications
- Ensure BC211 information is readily available
- Distribute newspapers to rural residents, or have pick-up location
- Hold additional seniors' fairs advertising services available in the Township

- Township information in Black Press seniors publication, and on relevant radio stations
- Partner with Fraser Health to list available services in newspaper
- Article about the Action Plan and SAC, including resources available in Township
- Partner with banks and grocery stores with visual advertisements
- Brochures available in high traffic areas and senior-serving organizations
- Brochures in doctor's offices and pharmacies
- Continue outreach to community organizations to facilitate information-sharing networks

Transportation

- More parking spaces for seniors
- Improve sidewalks and paths for those who are less stable
- A dementia-friendly bus or taxi service/organization (door-to-door service)
- Left-turn signals at intersections
- Accessible greenspace for those with mobility limitations
- Lighting of street name signs (like Coquitlam)
- Signage (e.g. bus stops, signals, crossings) with appropriate visibility and lighting
- More benches on sidewalks to accommodate older adults
- Age- and dementia-friendly training for public transit employees
- Information kiosks/posters near benches with Township information and communications
- Emergency phone booths with maps and wayfinding tools
- Walkability and mobility assessments for age- and dementia-friendliness (including crossing times)
- More and better parking and accessibility measures in municipal and regional parks
- Wayfinding for older drivers and drivers with dementia (not just pedestrians)
- Linking with TransLink to have community identifiers and geo-markers at bus stops
- Announcements at bus stops identifying the route
- Dementia-friendly audio-signals on streets
- More accessible sidewalk design to accommodate walkers and wheelchairs

Outdoor Spaces & Buildings

- Older adult walkability assessments incorporated in planning and engineering processes
- Outdoor spaces need to be friendly and welcoming

- Advertising the abundant parks and trails in our community (including age- and dementia-friendly features)
- Accessibility adaptations
- More parks, green spaces (Willoughby?)
- Ensure that benches are close together and abundant in parks and public spaces
- Designing outdoor spaces and buildings with distinction between Langley Township communities and neighbourhoods (place-making)
- Advertise connections between parks
- More washrooms in parks and public spaces
- Walking group with pedometers and route maps to include paths and trails, organized in collaboration with FVRL
- Signage improvements on buildings and in public spaces, including wayfinding (with public art approach)
- Organize tours that explore what is available for older adults and those with dementia in the Township

The remaining domains will be discussed at the next meeting.

4. Next steps

M. Larson stated that next steps for the project include a stakeholder group workshop, staff interviews, and community focus groups.

Next Meeting

May 19, 2021

TOWNSHIP OF LANGLEY AGE- AND DEMENTIA-FRIENDLY ACTION PLAN

DEMENTIA-FRIENDLY TASK FORCE MEETING #5

Wednesday, May 19, 2021 from 7:00pm to 9:00pm via Zoom

In Attendance:

D. Arenson, Cllr. P. Arnason, S. Aziz, E. Brett, K. Brown, C. Eaton, Cllr. S. Ferguson, L. Gates, L. George, S. Martin, R. Oren, S. Soheili, and G. Wong

Facilitators:

M. Larson, Consultant; A. Penner, Community and Policy Planner; P. Ward, Strategic/Social Planner

Summary Notes:

1. Welcome

E. Brett, Seniors Advisory Committee Co-Chair, welcomed everyone to the meeting.

2. Action idea brainstorming

M. Larson facilitated the continuation of the brainstorming activity from the previous meeting to obtain Task Force input on actions that could address challenges and opportunities related to the World Health Organization age-friendly community domains, with consideration to the early community survey findings. The Task Force was encouraged to consider actions that the Township could undertake.

The following suggestions were provided:

Social Participation

- More events focused on seniors
- Liaison/ ambassadors in 55+ buildings (esp. for those without family)
- Intergenerational programming
- Dance programming
- Music programming
- Cooking/baking programming
- Ensure non-ageist marketing of events
- More day programs in the Township (at least 1 more dementia-focused)

- Township Seniors' Centres
- Quiet social spaces in new buildings (not just atriums/lobbies)
- Outdoor social spaces conducive to arts (Douglas Park a precedent)
- Accessible, available, adaptable Township spaces to be rented for social gatherings
- Encourage multi-purpose amenity rooms that can be booked for events, in commercial centres
- Ability-appropriate exercise programming
- Link social and recreational programs (e.g. art, fitness, music)
- Langley staff or volunteer Seniors Social Coordinator
- Walking/hiking groups organized through Recreation department
- "Mystery" walk or drive activities
- Dementia tea/cafe
- Ensure different interests and abilities are accommodated (e.g. skiing vs. painting vs. tennis vs. walking)

Respect & Inclusion

- Ageist-free language in all marketing, communications, policies, etc.
- Include older adults and people with dementia in planning, leadership, delivery, coordination processes
- Ensure people have resources required for participation
- Awareness of Alzheimer Society multi-lingual programs
- Multi-cultural lens / cultural inclusion
- Multi-cultural events where each person contributes something linked to cultural heritage
- Multi-cultural, multi-generational cooking or eating events
- Awareness of national/global information for multi-lingual accommodation

Community Support & Health

- Liaison between health care providers and staff for use of space
- Day programs in Walnut Grove and/or Willoughby
- Another "neighbourhood house" in Walnut Grove/Willoughby
- Seniors' centres in more communities (currently Aldergrove, Brookwood; other informal in Walnut Grove, Murrayville)
- Integrating public health professionals into community planning

Civic Participation & Employment

- Provide opportunities for all abilities (e.g. leadership, volunteer roles)
- Mentorship program or opportunities
- Multi-generational skill-sharing (e.g. canning, farm equipment repair, sewing, etc.)
- Supporting community-based gathering places (like "Men's Shed")

Housing

- Policy/regulations for affordable, accessible, appropriate housing for seniors and those with dementia
- Support programs for aging in the right place (e.g. home palliative care, home-based healthcare)

3. Next steps

M. Larson stated that next steps for the project include a review of the community engagement results.

Next Meeting

June 16, 2021