



SENIORS ADVISORY COMMITTEE

Wednesday, April 21, 2021 at 8:30pm
Via Zoom

A G E N D A

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A. APPROVAL AND RECEIPT OF AGENDA ITEMS

1. Seniors Advisory Committee – April 21, 2021

Recommendation that Seniors Advisory Committee approve the agenda and receive the agenda items of the April 21, 2021 meeting.

B. ADOPTION OF MINUTES

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1. Seniors Advisory Committee – March 17, 2021

Recommendation that Seniors Advisory Committee adopt the Minutes of the March 17, 2021 meeting.

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2. Dementia-friendly Task Force Notes – March 17, 2021

Recommendation that Seniors Advisory Committee receive the Notes of the March 17, 2021 meeting.

C. DELEGATIONS AND PRESENTATIONS

D. REPORTS

1. Co-Chair Reports

E. CORRESPONDENCE

F. WORK PROGRAM

1. COVID-19 recovery

Discussion on COVID-19 recovery initiatives related to older adults.

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G. COUNCIL REFERRALS

H. OTHER BUSINESS AND ITEMS FOR INFORMATION

I. NEXT MEETING

Date: May 19, 2021
Location: via Zoom
Time: 8:30 pm

J. TERMINATE



SENIORS ADVISORY COMMITTEE

Wednesday, March 17, 2021 at 8:30pm
Via Zoom

MINUTES

Present:

E. Brett (Community Co-Chair)
Councillor P. Arnason (Council Co-Chair)

C. Eaton, L. Gates, L. George, S. Hedao, S. Martin, and G. Wong

Staff:

R. Nelson, Senior Planner
A. Penner, Community and Policy Planner
K. Stepto, Recording Secretary

A. APPROVAL AND RECEIPT OF AGENDA ITEMS

1. Seniors Advisory Committee – March 17, 2021

Moved by S. Hedao,
Seconded by L. George,
That the Seniors Advisory Committee approve the agenda and receive the
agenda items of the March 17, 2021 meeting.

CARRIED

B. ADOPTION OF MINUTES

1. Seniors Advisory Committee – February 17, 2021

Moved by L. George,
Seconded by G. Wong,
That the Seniors Advisory Committee adopt the Minutes of the February 17,
2021 meeting.

CARRIED

2. Dementia-friendly Task Force Notes – February 17, 2021

Moved by L. George,
Seconded by G. Wong,
That the Seniors Advisory Committee receive the Notes of the February 17,
2021 meeting (Attachment A).

CARRIED

C. DELEGATIONS AND PRESENTATIONS

D. REPORTS

1. Co-Chair Reports

Councillor Arnason reported that the Township website will have vaccination information when it becomes available.

E. CORRESPONDENCE

F. WORK PROGRAM

1. Seniors' Week

Staff commented that Seniors' Week will take place from June 6 to June 12. Consistent with project #4 on the 2021 work plan, the Committee discussed opportunities to celebrate Seniors' Week, with consideration to the current COVID-19 public health orders and the time remaining to implement any initiatives.

It was noted that the Langley Seniors Centre will be hosting a drive-in BBQ and a Senior of the Year event on June 11. It was also noted that Langley Seniors in Action will be initiating daily events and providing a virtual concert series in partnership with the Langley Community Music School.

The following suggestions for Seniors' Week were provided for further consideration by Township staff:

- A free fitness activity in a park with a leader on a stage and the participants socially distanced on the grass.
- A nostalgia night where old movies are shown at the Twilight Drive-in Theatre.
- Encourage local coffee shops to provide a voucher for a free tea or coffee and encourage seniors to meet a friend and go for a walk in a local park.
- A formal coffee/tea time in a park setting.
- Encourage Langley Seniors in Action to record the virtual concert that is being provided by the Langley Community Music School, to be made available for viewing in the seniors' homes, and in meeting areas when gatherings are permitted.
- A seniors' dance event, if gatherings permitted at that point.
- A seniors' swim at any of the three Township pools.
- The possibility of local schools creating artwork for seniors, to be distributed through Meals on Wheels. It was noted that a similar concept was initiated by the Langley Human Dignity Coalition around the time of the first COVID-19 public health orders.

G. COUNCIL REFERRALS

H. OTHER BUSINESS AND ITEMS FOR INFORMATION

1. 2021 Work Plan

The approved 2021 Work Plan was provided for information.

I. NEXT MEETING

Date: April 21, 2021

Location: via Zoom

Time: 8:30 pm

J. TERMINATE

Moved by S. Hedao,
Seconded by L. George,
That the meeting terminate at 9:00pm.

CARRIED

CERTIFIED CORRECT:

Community Representative Co-Chair

Council Representative Co-Chair

TOWNSHIP OF LANGLEY AGE- AND DEMENTIA-FRIENDLY ACTION PLAN

DEMENTIA-FRIENDLY TASK FORCE MEETING #3 MEETING NOTES

Wednesday, March 17, 2021 from 7:00pm to 8:30pm via Zoom

In Attendance:

D. Arenson, Councillor Arnason, S. Aziz, E. Brett, K. Brown, C. Eaton, L. Gates, L. George, S. Hedao, S. Martin, C. Munnalall, R. Oren, and G. Wong

Facilitators:

M. Larson, Consultant; R. Nelson, Senior Planner; A. Penner, Community and Policy Planner

Summary Notes:

1. Welcome and introductions

M. Larson welcomed everyone and introductions took place.

2. Dementia Friends Virtual Forum Debrief

M. Larson asked for feedback regarding the Dementia Friends Virtual Forum that took place on February 23. The following comments were provided:

- It was great to hear the information and get a better understanding of how to help those in the community with dementia.
- A great overview of the purpose of the Township's action plan.
- The content was an excellent primer for the community, and for some reinforcement of information already known.
- The Forum contributed to the goal of deeper community understanding of dementia-friendly communities.
- It was good to have the Mayor and members of Council in attendance to show Council's support of becoming a dementia-friendly community.

3. Community focus groups

M. Larson noted that the project team intends to conduct focus groups, likely virtual, as part of the broader community engagement program. M. Larson asked for suggestions on community groups and organizations that might be willing to partner with the Township to deliver focus groups (i.e. invite the project team to attend regularly scheduled events to facilitate the discussion).

The following suggestions were provided:

- Support groups
- Faith groups
- Interest groups
- Social committees in older adult communities
- Langley Seniors in Action
- Council of Senior Citizens' Organizations (COSCO) of BC
- Long-term care facilities
- Community associations
- Caregiver support groups

M. Larson asked if any Task Force members might be willing to facilitate a discussion with seniors or caregivers in their networks, with the support of the project team. Several Task Force members indicated willingness to facilitate such discussions.

4. Vision brainstorming

M. Larson facilitated a brainstorming session as a way to start the process of developing a vision statement for the Age- and Dementia-friendly Action Plan. The brainstorming session commenced with M. Larson presenting the vision statement from the Township's 2014 Age-friendly Strategy, as well as examples from strategies completed by other municipalities in Metro Vancouver.

After brainstorming qualities and features that would make the Township more age- and dementia-friendly, each Task Force member was asked to provide one feature or quality that is essential, one that is important, and one that might be considered positive, but less essential or important, for the Township to be more age- and dementia-friendly.

The following features and qualities were suggested as essential and important for the Township to be more age- and dementia-friendly:

- Supported
- Informed and aware
- Dignity
- Compassion
- A culture of support
- Inclusive
- Respectful
- Acknowledgement
- Accessibility
- Empowerment
- Support for the continuum of aging in the right place
- Visibility and recognition

- Respectful
- Inter-generational approach
- Independence
- Recognition
- Address stigma, fear, helplessness
- Safety

5. Next steps

The next steps for the project include ongoing promotion of the community survey and delivery of community focus groups.

Next Meeting

April 21, 2021