



SENIORS ADVISORY COMMITTEE

Wednesday, February 20, 2019 at 7:00pm
Salmon River Committee Room
4th Floor, 20338 – 65 Avenue, Langley, BC

A G E N D A

Election

Election of Co-Chair for the year 2019.
(Bylaw 4700 – 8.1)

Page

A. APPROVAL AND RECEIPT OF AGENDA ITEMS

1. Seniors Advisory Committee – February 20, 2019

Recommendation that Seniors Advisory Committee approve the agenda and receive the agenda items of the February 20, 2019 meeting.

B. ADOPTION OF MINUTES

1-9

1. Seniors Advisory Committee – June 20, 2018 and January 16, 2019

Recommendation that Seniors Advisory Committee adopt the Minutes of the June 20, 2018 and January 16, 2019 meetings.

C. DELEGATIONS AND PRESENTATIONS

D. REPORTS

1. Co-Chair Reports

E. CORRESPONDENCE

F. WORK PROGRAM

1. 2019 Work Plan

Discussion regarding the draft 2019 Work Plan.

Page

G. COUNCIL REFERRALS

H. OTHER BUSINESS AND ITEMS FOR INFORMATION

1. Invitation to attend LSCAT meetings
2. SAC Picture

N. NEXT MEETING

Date: March 20, 2019
Location: Salmon River Committee Room
4th Floor, 20338 – 65 Avenue
Time: 7:00 pm

O. TERMINATE



SENIORS ADVISORY COMMITTEE

Wednesday, June 20, 2018 at 7:15pm
Salmon River Committee Room
4th Floor, 20338 – 65 Avenue, Langley, BC

MINUTES

Present:

S. Higginbotham (Co-Chair)
Councillor A. Quaale (Co-Chair)

S. Baker, C. Kaliciak, J. Megahy, and C. Munnalall

Staff:

P. Ward, Strategic/Social Planner
K. Stepto, Recording Secretary

Guest:

H. Cowie, Provincial Coordinator, Dementia-friendly Communities, Alzheimer Society of B.C.

A. APPROVAL AND RECEIPT OF AGENDA ITEMS

1. Seniors Advisory Committee – June 20, 2018

Moved by J. Megahy,
Seconded by C. Munnalall,
That the Seniors Advisory Committee adopt the agenda and receive the agenda items of the June 20, 2018 meeting.

CARRIED

B. ADOPTION OF MINUTES

1. Seniors Advisory Committee – March 21, 2018

Moved by C. Kaliciak,
Seconded by S. Baker,
That the Seniors Advisory Committee adopt the Minutes of the March 21, 2018 meeting.

CARRIED

C. DELEGATIONS AND PRESENTATIONS

1. Dementia-friendly Communities

Heather Cowie, Provincial Coordinator, Dementia-friendly Communities, Alzheimer Society of B.C, provided a presentation regarding the importance of becoming a Dementia-friendly Community, and the Society's provincial initiative. She commented that until a cure is found, the Society's vision for a world without

C. DELEGATIONS AND PRESENTATIONS

dementia must begin with a dementia-friendly society – a world where people living with the disease are welcomed, acknowledged, and included.

Dementia is the umbrella term for any disease that causes physical changes in the brain. The number of people living with dementia in Langley has increased from 1,013 in 2005/2006, to 1,637 in 2014/2015. These numbers are expected to rise due to increases in the aging population. Approximately 60% of people who have dementia live in their own homes. These people begin to experience new barriers in their communities. Going grocery shopping, taking out a library book, and attending a yoga class, for example, all become more challenging due to the physical and cognitive changes people living with dementia experience.

Dementia-friendly Communities (DFCs) are communities that have a heightened awareness about dementia and through that, support people with dementia to participate in their community to the fullest extent possible. DFCs address barriers in the social and built environment.

Physical characteristics of a DFC include:

- Safe;
- Familiar;
- Accessible;
- Distinctive (signage is clear, legible, etc.);
- Comfortable (calm, welcoming, pedestrian-friendly spaces);
- Inclusive (well designed built environment – curb-cuts, etc.).

Social characteristics of a DFC include:

- Dementia education;
- Recognize signs;
- Communicate effectively;
- Job-specific strategies;
- Inclusive programs;
- Government action;
- Supportive businesses.

Currently, five communities in the Province have developed Dementia-friendly Action Plans: City of Burnaby, City of New Westminster, The North Shore (West Vancouver, City of North Vancouver, and District of North Vancouver).

The process to becoming a Dementia-friendly Community involves:

- Setting up dementia-friendly working group;
- Developing a dementia-friendly action plan (or apply a dementia-friendly lens to an existing age-friendly plan);
- Implementing your action plan;
- Staying accountable.

D. REPORTS

1. Co-Chair Reports

S. Higginbotham reported the following:

- The LGBTQ Seniors Group is continuing to meet and would like to get involved with LGBTQ seniors living in care homes. Cass Elliot, Seniors' Program Coordinator at QMUNITY in Vancouver, has offered to come to Langley to provide training.
- The Langley Division of Family Practice (LDFP) Seniors' Work Group addressed the gaps, barriers, and needs of seniors. LDFP presented an overview of the Complex Seniors Project that focuses on increased access, increased intra-professional communication, and decreased gaps in seniors' care. The presentation concluded with Emma's story, a case study of the pathway of care and its breakdown due to lack of communication and collaboration among organizations. Discussion followed.
- At their last meeting, the Langley Seniors Community Action Table (LSCAT) had an insufficient number of members come forth to form the Executive. A decision was made for LSCAT to take a four month recess. A committee was formed to study the ways of reinventing LSCAT.

Councillor Quaale reported the following:

- Shepherd of the Valley church will likely be proceeding to Council in the near future regarding their non-market housing development proposal.
- Council approved its continued financial support for the Langley Lodge.
- The artist behind the rainbow crosswalk in Fort Langley also provided tiles to 400 students to paint which were used to create two diversity benches in Derek Doubleday Arboretum.
- The Aldergrove Credit Union Community Centre and Otter Co-Op Outdoor Experience will have an official opening ceremony on June 29.

E. CORRESPONDENCE

F. WORK PROGRAM

1. Social Sustainability Task Force

S. Baker and P. Ward reported that the Task Force has had two initial meetings. A panel discussion, "Thriving or Surviving", was held in March which explored key elements of social sustainability and helped provide initial ideas for the Social Sustainability Strategy. Between late April and early June, the Township facilitated various public engagement activities to obtain input, which staff are now in the process of reviewing.

2. Age-friendly Strategy Implementation Projects (UBCM Grant)

P. Ward provided the following update:

F. WORK PROGRAM

- The Community Garden project in Yorkson Community Park is anticipated to start construction soon and be open in July. Recreation staff are looking at starting fall gardening programs.
- The Age-friendly Business Recognition Pilot Program was officially launched during Seniors' Week with a self assessment and application form for local businesses. Businesses that complete the form and score a certain average, will receive a certificate recognizing that they are aware and committed to being an Age-friendly Business. The program will be promoted further at the Stakeholder Engagement Forum on July 5.

3. **2018 Annual Report**

P. Ward presented the draft SAC annual report for the committee to review. Discussion ensued regarding the composition of the committee and the need for more seniors representation. It was suggested that the committee appointment process could be promoted directly to seniors and that if the meetings were held during the day, then potentially more seniors would participate. It was further suggested to include the following on the 2019 SAC Work Plan:

- Work towards a Dementia-friendly Community through a review of the Age-friendly Strategy.
- Review and input into projects identified in the Age-friendly Strategy.

MOTION

Moved by C. Munnaall,

Seconded by C. Kaliciak,

That the Seniors Advisory Committee receive and endorse the SAC 2018 Annual Report, as amended, and ask staff to forward it to Council.

CARRIED

COUNCIL

Moved by S. Baker,

Seconded by J. Megahy,

That the Seniors Advisory Committee recommends that Council review the promotion, composition, and time of the meetings for the Seniors Advisory Committee with a view to increasing the number of members that are seniors.

CARRIED

G. COUNCIL REFERRALS

H. **OTHER BUSINESS AND ITEMS FOR INFORMATION**

1. **Age-friendly Business Recognition Pilot Program**

COUNCIL

Moved by S. Higginbotham,

Seconded by C. Kaliciak,

That the Seniors Advisory Committee recommends that Council recognize the Long Range Planning and Economic Investment & Development Departments for their efforts in launching the Age-friendly Business Recognition Pilot Program.

CARRIED

J. **TERMINATE**

Moved by S. Baker.

That the meeting terminate at 8:55pm.

CARRIED

CERTIFIED CORRECT:

Community Representative Co-Chair

Council Representative Co-Chair



Est. 1873

SENIORS ADVISORY COMMITTEE

Wednesday, January 16, 2019 at 7:00pm
Salmon River Committee Room
4th Floor, 20338 – 65 Avenue, Langley, BC

MINUTES

Present:

Councillor P. Arnason (Council Co-Chair)

E. Brett, M. Gill, and S. Hedao

Staff:

P. Ward, Strategic/Social Planner

K. Stepto, Recording Secretary

Code of Ethics Signing

Members signed the *"Code of Ethics, Confidentiality, and Conflict of Interest for Council"*

A. APPROVAL AND RECEIPT OF AGENDA ITEMS

1. Seniors Advisory Committee – January 16, 2019

Moved by M. Gill,

Seconded by S. Hedao,

That the Seniors Advisory Committee approve the agenda and receive the agenda items of the January 16, 2019 meeting.

CARRIED

B. ADOPTION OF MINUTES

1. Seniors Advisory Committee – June 20, 2018

Recommendation that Seniors Advisory Committee adopt the Minutes of the June 20, 2018 meeting.

Clerk's Note: Deferred to next meeting.

C. DELEGATIONS AND PRESENTATIONS

D. REPORTS

E. CORRESPONDENCE

F. WORK PROGRAM

1. Icebreaker Activity

Roundtable introductions took place. Members participated in a “get-to-know-you” activity.

2. Review of Items for Information

P. Ward provided an overview of the following:

Seniors Advisory Committee Terms of Reference

- The purpose and mandate of the committee were reviewed.
- It was noted that the election of a community co-chair would be considered at the next meeting.

Seniors Advisory Committee 2018 Annual Report

- The committee’s 2018 projects were highlighted.
- The suggested 2019 work plan items were reviewed. The suggested items include work towards a dementia-friendly community and review and input into projects identified in the Age-friendly Strategy.

Age-friendly Strategy

- The process for preparing the Age-friendly Strategy and achieving formal age-friendly recognition was reviewed.
- The vision, guiding values and principles, and role of the Township were highlighted.

Age-friendly Strategy Implementation Plan

- The strategies and implementation timeframe were reviewed. It was noted that the strategies address the eight age-friendly community themes established by the World Health Organization.

Age-friendly Strategy Progress Report (November 2017)

- It was noted that a progress report is required every two years.
- The 2017 Progress Report indicates that 85% of the short term strategies are either complete or in progress and 63% of the medium term strategies are either complete or in progress.
- The age-friendly projects highlighted in the 2017 Progress Report were reviewed. It was further noted that the Township was awarded a grant in 2018 to assist with the installation of new community garden plots and the delivery of an all-season gardening program for community members

F. WORK PROGRAM

aged 55 years and older at Yorkson Community Park as well as the development of an age-friendly recognition pilot program.

3. 2019 Work Plan

Members brainstormed some potential work plan ideas for 2019. The following topics were discussed:

- Seniors poverty, with regards to cost of living and the challenges of fixed income.
- Elder abuse, particularly with financial matters. It was suggested that businesses could be educated to recognize the signs of elder financial abuse.
- Housing, particularly housing affordability. It was noted that the province recently adopted legislation that requires local governments to prepare housing needs reports.
- Age-friendly business practices. It was suggested that the Age-friendly Business Academy be invited for a presentation.
- National Pharmacare.
- Ridesharing.

G. COUNCIL REFERRALS

H. OTHER BUSINESS AND ITEMS FOR INFORMATION

1. Terms of Reference

Seniors Advisory Committee Terms of Reference provided for review.

2. 2018 Annual Report

Seniors Advisory Committee 2018 Annual Report provided for review.

3. Township of Langley Age-friendly Strategy

Township of Langley Age-friendly Strategy provided for review.

4. Township of Langley Age-friendly Strategy Implementation Plan

Township of Langley Age-friendly Strategy Implementation Plan provided for review.

5. Age-friendly Strategy Progress Report (November 2017)

Age-friendly Strategy Progress Report (November 2017) provided for review.

H. OTHER BUSINESS AND ITEMS FOR INFORMATION

6. **2019 Meeting Schedule**

Provided on table for information.

7. **2019 Membership List**

Provided on table for information.

8. **SAC Picture**

Deferred to next meeting.

I. NEXT MEETING

Date: February 20, 2019
Location: Salmon River Committee Room
4th Floor, 20338 – 65 Avenue
Time: 7:00 pm

J. TERMINATE

The meeting terminated at 9:02pm.

CARRIED