

SENIORS ADVISORY COMMITTEE

Wednesday, April 19, 2017 at 7:00pm Salmon River Committee Room 4th Floor, 20338 – 65 Avenue, Langley, BC

AGENDA

Page

1-4

5-7

A. APPROVAL AND RECEIPT OF AGENDA ITEMS

1. Seniors Advisory Committee – April 19, 2017

Recommendation that Seniors Advisory Committee approve the agenda and receive the agenda items of the April 19, 2017 meeting.

B. ADOPTION OF MINUTES

1. Seniors Advisory Committee – March 15, 2017

Recommendation that Seniors Advisory Committee adopt the Minutes of the March 15, 2016 meeting.

C. <u>DELEGATIONS AND PRESENTATIONS</u>

1. Aldergrove Credit Union Community Centre

Jason Winslade, General Manager, Municipal Administration and Community Services

D. REPORTS

1. Co-Chairs Reports

E. CORRESPONDENCE

1. Letter from Medwatch/Greensleeve Program

Items for follow-up:

- 1. Request for endorsement for presentation to Council.
- 2. Request for space at Civic Facility to offer Medwatch program.

Page

E. <u>CORRESPONDENCE</u>

- 8-11 2. SFU Conference on Citizen Advisory Committees and Engagement
 - 1. SAC representative on panel.
 - 2. Committee input on SAC's influence on Council and TOL.
 - 3. Request for travel expense coverage.
 - F. WORK PROGRAM
 - G. COUNCIL REFERRALS
 - H. OTHER BUSINESS AND ITEMS FOR INFORMATION
 - I. NEXT MEETING

Date: May 17, 2017

Location: Salmon River Committee Room

4th Floor, 20338 – 65 Avenue

Time: 7:00 pm

J. <u>TERMINATE</u>



SENIORS ADVISORY COMMITTEE

Wednesday, March 15, 2017 at 7:00pm Salmon River Committee Room 4th Floor, 20338 – 65 Avenue, Langley, BC

MINUTES

Present:

Councillor Charlie Fox (Co-Chair) Kathy Reddington (Co-Chair)

Tricia Bailey, Sherry Baker, Susan Higginbotham, Coral Kaliciak, Janet Megahy, and Barb Stack

Staff:

Corene Quin, Legislative Services Kim Stepto, Recording Secretary Lesley Visser, Manager, Community Recreation

Guests:

Jason Hodge, Township of Langley Fire Department Rev. Kristen Steele, Shepherd of the Valley Lutheran Church Mark Mathiasen, Shepherd of the Valley Lutheran Church Josh Taylor, Catalyst Community Developments Society

A. APPROVAL AND RECEIPT OF AGENDA ITEMS

1. Seniors Advisory Committee – March 15, 2017

Moved by B. Sharp, Seconded by T. Bailey, That the Seniors Advisory Committee approve the agenda and receive the agenda items of the March 15, 2017 meeting. CARRIED

B. ADOPTION OF MINUTES

1. Seniors Advisory Committee – February 15, 2017

Moved by S. Baker, Seconded by J. Megahy, That the Seniors Advisory Committee adopt the Minutes of the February 15, 2016 meeting. CARRIED

C. <u>DELEGATIONS AND PRESENTATIONS</u>

1. Med Watch / Greensleeve

Jason Hodge, Township of Langley Fire Department, and Barb Stack, Langley Division of Family Practice, provided a presentation on the Greensleeve program. They noted that this is the presentation they give to seniors to explain the program and its benefits. The Greensleeve is a packet of medical information used by first responders and physicians during emergency situations.

J. Hodge provided the following information:

- Township of Langley firefighters and the Langley Division of Family
 Practice joined together to incorporate the MedWatch form into the
 Greensleeve packet that has been used by Fraser Health for some time.
- The MedWatch form includes vital information such as emergency contacts, medical conditions, and medications, and wishes such as DNR.
- Anyone who has multiple health conditions and medications, lives alone, or is a caregiver for someone else should fill out the forms in the Greensleeve.

B. Stack provided the following information:

- It is important to fill out the MedWatch forms because within 48 hours of being hospitalized, almost half of adults 65 or older need someone else to help make at least one medical decision, and almost 25% will need that person to make all of their medical decisions.
- It is important to have these conversations with family members and doctors to have a plan in place and have a designated person(s) to make healthcare treatment and personal care decisions.
- The MOST form (Medical Order for Scope of Treatment) is to be filled out with a doctor and based on the Advance Care Plan regarding a person's health care decisions.
- It is also important to designate a Temporary Substitute Decision Maker if a person has not legally named an individual to make health care decisions.
- 2000 Greensleeve packets have been distributed in the community since November 2016.
- Meals on Wheels is partnering with this project to help seniors fill out the forms.

COUNCIL

Moved by S. Baker,

Seconded by S Higginbotham,

That the Seniors Advisory Committee recommends that the Med Watch/Greensleeve program be presented to Council at a future Regular Afternoon meeting.

CARRIED

C. <u>DELEGATIONS AND PRESENTATIONS</u>

2. Shepherd of the Valley Housing Project

Rev. Kristen Steele and Mark Mathiasen, Shepherd of the Valley Lutheran Church, and Josh Taylor, Catalyst Community Developments Society, provided a presentation on the joint Housing Project proposed for the church property on 72 Avenue. They noted that the church had always planned to leverage the western portion of their property for housing. The objective of the project is to provide housing that is affordable to a range of incomes, and that allows seniors, families, and others to live with dignity and security.

The site plan was presented that includes five single family homes to be built by a developer, four - two storey stacked apartments and townhouses (32 homes), and one - four storey apartment (50 homes). The apartments include studio, one, two, and three bedrooms. The homes will be for independent living, potentially with programming in a multi-use space.

Next steps include presenting the re-zoning bylaw for 1st and 2nd reading in spring of 2017, followed by the rezoning process, and final reading in the fall/winter of 2017. Construction to begin in 2018 with occupancy in 2020.

Discussion ensued and the following comments were provided:

- Suggest the committee show their support of the project to Council.
- May be valuable to have a community planning team that involves seniors and stakeholders from the community.
- Project team will present further to the Seniors Advisory Committee during the re-zoning process.

D. REPORTS

1. Co-Chairs Reports

Councillor Fox reported that the amendments to the Child Friendly Amenity Area Regulations of the Zoning Bylaw received 1st and 2nd reading, and now includes age friendly components consistent with current practice and the Township's Age Friendly Strategy. He further reported that the budget received final reading.

K. Reddington reported that she attended the Seniors LINC Summit that involved stakeholders brainstorming about senior's issues. She further reported that the Langley Seniors Community Action Table and the Langley Seniors Resource Society will be hosting an All Candidates Meeting to focus on seniors issues on April 19 from 1:00-3:00pm, and that the posting for a Social Planner is now on the Township website.

E. CORRESPONDENCE

- 4 -

F. WORK PROGRAM

G. COUNCIL REFERRALS

H. OTHER BUSINESS AND ITEMS FOR INFORMATION

1. 2017 Annual Volunteer Appreciation & Awards Evening

Invitation to 2016 committee members - April 4, 2017, 6:00pm

2. SAC Picture

A photo of the committee was taken for the Township website.

I. <u>NEXT MEETING</u>

Date: April 19, 2017

Location: Salmon River Committee Room

4th Floor, 20338 – 65 Avenue

Time: 7:00 pm

J. <u>TERMINATE</u>

Moved by B. Stack, Seconded by J. Megahy, That the meeting terminate at 8:50pm. CARRIED

CERTIFIED CORRECT:

Community Representative Co-Chair Council Representative Co-Chair

----Original Message-----From: Jason Hodge

Sent: Friday, March 31, 2017 11:55 AM To: Lesley Visser < visser@tol.ca>

Subject: RE: Seniors Advisory Committee

Thank you for the reply Lesley, I greatly appreciate the support. I will definitely look into the avenues that you have listed.

Sincerely,

Jason Hodge

From: Lesley Visser

Sent: Thursday, March 30, 2017 2:57 PM

To: Jason Hodge Cc: Lori Cottrill

Subject: RE: Seniors Advisory Committee

Hi Jason.

I have added where applicable, your request to the SAC agenda.

- Presentation to TOL council
- Request for space at Civic Facility for a MedWatch Program.

This will be discussed at the meeting on April 19th.

Unfortunately your request for promotion of the program through the Recreation Guide, newspaper or the TOL websites is not a SAC decision.

If you are interested in advertising in the Leisure Guide, you can connect with Lori Cottrill at 604-533-6106. There is a cost to advertising for external organizations. As well, the website and newspaper ads are specifically meant for Township operation and notifications. Unfortunately neither is an option for marketing the MedWatch program.

Thirdly, the Township of Langley Grants are available to local organizations. The monies have been dispersed for 2017. For consideration for 2018, please refer to the website http://www.tol.ca/About-the-Township/Grants-and-Incentives/Community-Grant for reference and eligibility criteria.

I hope this helps Jason!

If you have any further questions, please feel free to connect with me.

Respectfully,

Lesley Visser Community Recreation Manager 604.455.8829 ----Original Message-----From: Jason Hodge

Sent: Friday, March 24, 2017 8:25 AM To: Lesley Visser < lvisser@tol.ca >

Subject: RE: Seniors Advisory Committee

Thank you Lesley, I greatly appreciate the opportunity, and look forward to continuing to try and improve the relations between emergency responders and the people we serve.

Jason Hodge

From: Lesley Visser

Sent: Thursday, March 23, 2017 4:12 PM

To: Jason Hodge; kateredd@telus.net; Charlie Fox

Subject: RE: Seniors Advisory Committee

Thank you Jason for the email and taking the time to present to the committee.

I will see that your letter and comments get shared at the next committee meeting.

Respectfully,

Lesley Visser Community Recreation Manager 604.455.8829

-----Original Message-----From: Jason Hodge

Sent: Thursday, March 23, 2017 2:37 PM

To: kateredd@telus.net; Charlie Fox <cfox@tol.ca>; Lesley Visser <lvisser@tol.ca>

Subject: Seniors Advisory Committee

I would like to take this opportunity to thank all of you for the ability to share the Medwatch program with your committee. As you are aware it has been a continued work in progress. I greatly appreciate all of the kind words, along with the many questions that arose from the presentation.

I am just following up with the request to address what your committee had of me; what I would like from the Seniors Advisory Committee?

I have added an attachment of the items that I feel your committee may offer to keep the program growing in Langley.

Thank you again for the opportunity to speak to your group. I look forward to hearing from you.

Sincerely,

Jason Hodge

March 23, 2017

Seniors Advisory Committee for the Township of Langley

RE: Medwatch Program

Dear Counsellor Fox, Kathy Reddington and Lesley Visser

Thank you again for letting me present the MedWatch Program to the Seniors Advisory Committee. Your enthusiasm and willingness to help move this forward for Langley is very much appreciated.

After consolation with my partners, I am writing you to ask for your support for the continued success of the project.

- Presentation to Township of Langley Council
- A space at the Civic Facility for a public presentation on the Medwatch program (June 2017 and Fall 2017)
- When possible, promotion of the Medwatch program/presentations on the TOL website, recreation guide and TOL section of the local newspaper.
- A small grant from the Township of Langley for printing costs for the Medwatch Forms and guide (\$2500.00)

I would be happy to discuss this further with you. Please feel free to contact me at your convenience. I can be reached at 604-626-1613.

Jason Hodge

Lesley Visser

To:

Karen Sawatzky

Subject:

RE: Following up: SFU conference on citizen advisory committees and engagement

Lesley Visser Community Recreation Manager 604.455.8829

----Original Message-----

From: Karen Sawatzky [mailto:kasawatz@sfu.ca] Sent: Wednesday, March 22, 2017 11:55 AM

To: Lesley Visser < lvisser@tol.ca>

Subject: Re: Following up: SFU conference on citizen advisory committees and engagement

Hello Lesley,

I wanted to follow up with you regarding this conference and the possible participation of a member of the township's seniors advisory committee. As I may have mentioned in my first email to Suzanne, as part of this conference, I'm putting together a panel to feature examples of how citizen advisory committees have influenced local government policy in their own communities. I'd like to have the citizen members of these various committees talk about their experience - what they did, what worked, what didn't, what they learned etc. - hopefully things that other members of those type of advisory groups, as well as the staff and councillors who work with them, could learn from. Each panel member would have about 5-7 minutes to speak and I hope to have four different examples of specific policy influence on the panel.

It sounds like the work done by your SAC on getting and implementing the age-friendly designation for the township would be a good candidate for this panel, so I'm wondering if I might be in touch with the committee's chair, if it has a citizen chair, or if not, one of the other citizens on the committee. Could you put me in touch with that person?

For more background and in case it helps refresh your memory, here's a link to the web page I've set up for the event, though it's not yet finished or public. It does have an intro blurb and details on the keynote speaker. We will be sending out general invitations in mid-April-ish.

http://www.sfu.ca/urban/events/eventitems/rethinking-the-region-2017.html

I'd be happy to discuss this with you or answer any questions you might have.

best, Karen Sawatzky Event coordinator Rethinking the Region 2017

---- Original Message -----

From: Lesley Visser < lvisser@tol.ca>

To: kasawatz@sfu.ca

Cc: Suzanne Little <slittle@tol.ca>

Sent: Wed, 18 Jan 2017 14:59:28 -0800 (PST)

Subject: Following up: SFU conference on citizen advisory committees and engagement

Hello Karen,

Suzanne shared your email and suggested that I connect with you. I am the staff rep to the Seniors Advisory Committee (SAC) to the Township of Langley council. We have been successful in influencing council in a variety of ways since undertaking the Age-friendly (AF) designation. Here is a brief synopsis and timeline.

- * SAC undertook getting an Age-friendly designation for the Township in 2014 which took several months of community engagement. Engagement included workshops, traveling displays and engagements and formal meetings. This framed the AF Strategy http://www.tol.ca/Current-News-Initiatives/Seniors/Age-friendly-Strategy
- * In 2015 the committee engaged both the community and staff in various Township Divisions to create the Age-friendly Implementation strategy (also included in the link above).
- * In 2016, various Divisions within the Township presented to SAC sharing their work plans, and specifically items that addressed the age-friendly initiatives.

Many projects and initiatives currently underway naturally have an AF lens and is typically a way of doing business for municipalities (sidewalks and public spaces being accessible for instance). However, where the AFS was successful included

- * work with the Economic Development Department and have the 2015 Economic forum have an AF focus.
- * As well a motion went to council in 2015 recommending "That Council approve the inclusion of the Mission, Guiding Values, and Principles,...of the Age Friendly Strategy as part of future Council Agenda Packages." As a result, the Engineering Division includes with each Council report for a community or neighbourhood plan for first and second reading, will include a section explaining how the age-friendly recommendations related to planning issues are addressed by that plan.

The age-friendly strategy has been the focus for SAC and includes representatives from various groups in the community. I am not sure what the focus will be for 2016 but I'm sure it will be as engaging.

I hope this information is helpful. If you would like further information, please connect with me at your convenience. Thanks.

Lesley Visser | Community Recreation Manager Recreation, Culture, and Parks Division | Township of Langley 7888 200th Street. Langley. BC V2Y 3J4

Direct Line: 604.455.8829

Web<http://www.tol.ca/> | facebook<http://www.facebook.com/LangleyTownship> | twitter<http://www.twitter.com/LangleyTownship> | YouTube<http://www.youtube.com/langleytownship>

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----Original Message----

From: Karen Sawatzky [mailto:kasawatz@sfu.ca]

Sent: Wednesday, January 18, 2017 11:43

To: Suzanne Little <slittle@tol.ca<mailto:slittle@tol.ca>>

Subject: Following up: SFU conference on citizen advisory committees and engagement

Hello Suzanne,

We just spoke on the phone. As I mentioned, I am the event coordinator for Rethinking the Region, which is an annual day-long conference organized by the SFU Urban Studies Program. We look at different issues affecting the region each year at this conference, and this year our focus is on citizen engagement and particularly the role of citizen advisory bodies. As part of this, we are hoping to identify and learn about examples of how these advisory groups have influenced local government policies within their communities.

You mentioned that your seniors advisory committee and their work on making the township age-friendly might be an example that we could look at. If you could put me in touch with the appropriate staff person or point me to any relevant reports or minutes so I could learn more about that committee's work on the age-friendly issue, I would appreciate it.

If you have any further examples or suggestions, I would be interested to hear those as well. I do realize that much of the work of advisory committees is ongoing and so it is not necessarily easy to isolate single examples of influence, but if you do have suggestions, please feel welcome to be in touch. Depending on what our inquiries turn up and whether people are willing, we may put together a panel of such examples for our conference, as we think that could be interesting and valuable for members of other advisory groups around the region, municipal staff and elected officials.

Our conference this year is on June 17. We will be following up with more information and invitations closer to the time. Thank you for your time and consideration.

best,

Karen Sawatzky

604-789-1752

Event coordinator

Rethinking the Region 2017

http://www.sfu.ca/urban/events/rethinking-the-region.html