

# **SENIORS ADVISORY COMMITTEE**

Wednesday, March 15, 2017 at 7:00pm Salmon River Committee Room 4th Floor, 20338 – 65 Avenue, Langley, BC

### AGENDA

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### A. APPROVAL AND RECEIPT OF AGENDA ITEMS

1. Seniors Advisory Committee – March 15, 2017

Recommendation that Seniors Advisory Committee approve the agenda and receive the agenda items of the March 15, 2017 meeting.

# B. ADOPTION OF MINUTES

1. Seniors Advisory Committee – February 15, 2017

Recommendation that Seniors Advisory Committee adopt the Minutes of the February 15, 2016 meeting.

### C. <u>DELEGATIONS AND PRESENTATIONS</u>

7-9 1. Med Watch and Greensleeves

Jason Hodge, Township of Langley Fire Department

2. Shepherd of the Valley Housing Project

Pastor Kristen Steele and Mark Mathiasen, Project Co-chair

### D. REPORTS

1. Co-Chairs Reports

### E. CORRESPONDENCE

### F. WORK PROGRAM

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# G. COUNCIL REFERRALS

# H. OTHER BUSINESS AND ITEMS FOR INFORMATION

1. 2017 Annual Volunteer Appreciation & Awards Evening

Invitation to 2016 committee members - April 4, 2017, 6:00pm

2. SAC Picture

### I. <u>NEXT MEETING</u>

**Date**: April 19, 2017

Location: Salmon River Committee Room

4<sup>th</sup> Floor, 20338 – 65 Avenue

**Time**: 7:00 pm

# J. <u>TERMINATE</u>



### SENIORS ADVISORY COMMITTEE

Wednesday, February 15, 2017 at 7:05pm Salmon River Committee Room 4th Floor, 20338 – 65 Avenue, Langley, BC

### **MINUTES**

### Present:

Councillor Charlie Fox (Co-Chair) Kathy Reddington (Co-Chair)

Sherry Baker, Janet Megahy, Chonna Munnalall, and Barb Stack

### Staff:

Corene Quin, Legislative Services Lesley Visser, Manager, Community Recreation Kim Stepto, Recording Secretary

### **Guest:**

Loren Roberts, Encompass Support Services Society

### A. APPROVAL AND RECEIPT OF AGENDA ITEMS

### 1. Seniors Advisory Committee – February 15, 2017

Moved by S. Baker, Seconded by C. Munnalall, That the Seniors Advisory Committee approve the agenda and receive the agenda items of the February 15, 2017 meeting. CARRIED

### B. ADOPTION OF MINUTES

### 1. Seniors Advisory Committee – January 18, 2017

Moved by J. Megahy, Seconded by C. Munnalall, That the Seniors Advisory Committee adopt the Minutes of the January 18, 2016 meeting. CARRIED

### C. DELEGATIONS AND PRESENTATIONS

### 1. Youth Hub

Councillor Fox commented on the process of bringing the Langley Youth Resource Centre to fruition. He noted that he and L. Roberts had been discussing a new Youth Hub for many years, and that it took many community

### C. <u>DELEGATIONS AND PRESENTATIONS</u>

partners to make this project a reality. The land donated by the Township of Langley is near public transit and the project has support of the local businesses.

S. Baker, President of the Board of Directors, noted that Encompass Support Services Society was formed as a merger five years ago between Aldergrove Neighbourhood Services and the Family and Youth Services Society. She stated that potentially the Hub could be a place for seniors and youth to work together and develop a mutual respect. This could lead to less elder abuse and seniors isolation. She further introduced L. Roberts.

L. Roberts commented that this is a community project that was inspired by local youth, and that the goal is to address the social, mental, and physical needs of youth. The Hub will provide many services including; medical services, meals, short term beds, counselling, showers, job help, and a safe place to gather. The Hub currently operates two days per week and serves 40-50 youth each night. Services will now be offered seven days per week at its new location at 20285-62 Avenue. The Hub could not operate without the many community organizations and partners who donate their time and services. More information can be found at their website: www.langleyyouthhub.com

Discussion ensued and the comment was raised about having intergenerational programs and how the Seniors Advisory Committee can support this initiative.

### D. REPORTS

### 1. Co-Chairs Reports

Councillor Fox reported that the Draft 2017-2021 Financial Plan Bylaw will be presented to Council for first, second, and third reading on February 20, 2017. A Social Planner position is included in the budget.

K. Reddington reported that the Langley Seniors Resources Society is still pursuing funding for a Seniors Only Shuttle and have submitted two grant applications to Worksafe BC and Better at Home. She further reported that the Langley Seniors Community Action Table recently met and determined that their four priorities are; housing, transportation, seniors' issues, and community services.

### E. CORRESPONDENCE

### 1. Invitation to Share Your Knowledge about Langley

Memo from Elaine Horricks, Heritage Planner, provided in package for information.

### 2. Seniors Integrated Network of Care Community Planning Summit Series

Invitation to attend Summit on February 23, 9:00am – 3:00pm, Langley Golf and Banquet Centre.

### F. WORK PROGRAM

### 1. 2017 Work Program

Lesley presented the revised draft Work Program for discussion and endorsement.

### **MOTION**

Moved by B. Stack, Seconded by J. Megahy, That the Seniors Advisory Com

That the Seniors Advisory Committee endorse the 2017 Work Program.

### **CARRIED**

### COUNCIL

Moved by S. Baker, Seconded by C. Munnalall,

That the Seniors Advisory Committee recommends that Council endorse the 2017 Work Program, presented as Attachment A.

**CARRIED** 

### G. COUNCIL REFERRALS

### H. OTHER BUSINESS AND ITEMS FOR INFORMATION

### 1. SAC Picture

Postponed to next month.

### N. <u>NEXT MEETING</u>

**Date**: March 15, 2017

**Location**: Salmon River Committee Room

4th Floor, 20338 - 65 Avenue

**Time**: 7:00 pm

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# O. <u>TERMINATE</u>

Moved by C. Munnalall, Seconded by S. Baker, That the meeting terminate at 8:50pm. CARRIED

### **CERTIFIED CORRECT:**

Community Representative Co-Chair	Council Representative Co-Chair

# SENIORS ADVISORY COMMITTEE 2017 WORK PLAN

P - Presentation	<b>D</b> – Delegation	<b>R&amp;I</b> - Review and	provide Input	U - Staff Update	R - Report	A – Action Required

PROJECT	JAN	FEB	MAR	APR	MAY	NOC	SEP	OCT	NON	DEC
Advisory Committee Orientation (new members)	Р									
Election of Co-Chair	٧									
Establish 2017 Work Plan	R&I	4								
Outdoor Spaces and Buildings  • Age-friendly fitness equipment at Derek Doubleday Park — Al Neufeld				۵						
Aldergrove Credit Union Community Centre – Jason Winslade						4				
Transportation										
Housing      Brookswood Community Plan – Jason Chu					Ь					
Shepherd of the Valley Seniors Housing Project			Р							
Respect and Social Inclusion  Library Services – David Thiesen					Р					



PROJECT	JAN	FEB	MAR	APR	MAY	NOC	SEP	OCT	NOV	DEC
<ul><li>Social Participation</li><li>Recreation, Culture and Parks Division Senior's programming</li><li>Jennifer Achterholt</li></ul>								Ь		
<ul> <li>Cultural Services – Jeff Chenatte</li> </ul>									Ь	
Communication and Information							А			
<ul> <li>TOL communications and Website upgrade – Val Gafka</li> </ul>										
Civic Participation and Employment										
<ul> <li>Dementia Friendly - TBA</li> </ul>										
Community Support and Health Services										
<ul> <li>Healthier community Partnership</li> <li>Poverty Task Group</li> <li>Youth Hub – Loren Roberts, Encompass</li> <li>Seniors LINC – Community Based Health Care</li> </ul>										
Age-friendly progress report										

Presentations to address the following questions:

- How are your services benefitting Seniors?
  How are you communicating this with seniors?
  How can SAC support your services?
  How will this (your services) reduce social isolation with seniors?



MedWatch - EM	ERGENCY DOCUM	MENT
NAME: (first, middle, last)		DATE COMPLETED:
BC Health Care Card #:	_	DATE OF BIRTH:
Address:	Phone #:	Cell #
Family Doctor:	_ Phone #	
First Language: English	Other	
MEDICAL	CONDITIONS	
List any Medical Conditions (diabetes, heart, allergies)		
EMERGEN	ICY CONTACT	
NAME Phone#		Relationship
NAME Phone#		Relationship
Are you a Caregiver for someone in your home?	YES	NO.
	162	NO
Name of Person:  If yesCAN THE PERSON IN YOUR CARE BE LEFT ALONE?	YES	NO
Details (Alzheimer's, Disabled etc.)		NO
ADVANCE CA		
ADVANCE CA	RE PLAN FORMS	
MOST Form Tem	nporary Substitutio	on Decision Maker (TDSM)
MOST Form Tem	nporary Substitutio	

<sup>\*</sup>Keep your medication list up to date on back of this form or attach. Update as medications change.







# **MEDICATIONS**

List each medication below
Update medications as they change
Your Pharmacist can give you a print out, attach print out to form

Medications	Dosage	Prescription Date



Once form is completed, put 1 copy into your MedWatch folder
Place on fridge or in cupboard
Place green sticker on the door where documents are kept for Emergency Responders to find

MedWatch is a partnership with the Doctors of Langley and Township of Langley Firefighters' Charitable Society







# MedWatch - EMERGENCY DOCUMENT

# Instructions

<ul><li>Fill out MedWatch Emergency Document including Medical Conditions. (2 Copies)</li><li>Update every 6 months</li></ul>
<ul> <li>Mark your calendar 6 months from now to update</li> </ul>
List your emergency Contacts
<ul> <li>Fill out or attach current medications (you can get a print out from your pharmacist)</li> <li>Medications should be updated each time you get a new prescription</li> </ul>
Place 1 copy of Emergency Document and medication list in GreenSleeve folder
If you have a MOST / Advance Directive /DNR Document place in GreenSleeve folder
If you have a temporary Substitute Decision Maker list please include
Place folder on the fridge or in a kitchen cupboard or drawer
Place green sticker on the door where the documents are kept:
<ul> <li>For example, if your folder is placed in a kitchen cupboard place sticker on the outside of that cupboard</li> </ul>
<ul> <li>Emergency Response teams will look for the sticker to identify where documents are kept</li> </ul>
Place second green sticker on the outside of your residence door, if you are in an apartment or suite place on the name or number plate of your residence. This alerts the Emergency Responders that you have the documents for them to look for.
Emergency Responders will take documents in the folder to the hospital with you
Put other copies of documents in a safe spot to refill your folder when you return from Hospital



For more information on Advance Care Planning **call 1-877-825-5034**or
Visit **www.advancecareplanning.ca** 







Township of Langley



2017 ANNUAL

Volunteer Appreciation

& AWARDS EVENING

The Township of Langley

Mayor & Council wish to honour

community volunteers and to

announce the winners of

three prestigious awards

John and Muriel Drnason
2016 Volunteer Award

Eric Flowerdew
2016 Volunteer Award

Lete Swensson
2017 Outstanding Community Youth Award

# You and a guest are invited

to attend the 2017 Annual Volunteer
Appreciation & Awards Evening

# Tuesday, April 4, 2017

Langley Events Centre
7888 - 200 Street, Langley
Reception: 6:00pm
Dinner & program: 6:30pm

RSVP by March 17, 2017

Sarah Morris | 604.532.3531 | smorris@tol.ca

Volunteers make the world a better place for us all.

